

*The Sublime Song: Divinity, Humanity and Nature in the Song of Songs*

Rev. Dr. Megan Fullerton Strollo  
TUESDAYS, JULY 15, 22, 29, AND AUGUST 5  
2 P.M., SANCTUARY/WCR LIVE



In this four-week study, we will learn how the Song of Songs poetic beauty conveys remarkable truths about love, life and God. Even though God is never named or mentioned directly, it sings about divine love and human relationships. By the end of the study, we will have a better understanding of one ancient Rabbi’s profound words: “The entire age is not so worthy as the day on which the Song of Songs was given to Israel. For all the Scriptures are holy, but the Song of Songs is holiest of all.” Dr. Strollo is an assistant professor at Union Presbyterian Seminary.

*Embracing Life’s Seasons Series: Choosing Heartbreak*

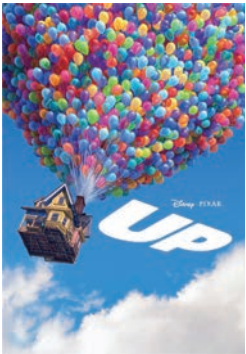
FRIDAY, JULY 25  
11 A.M., SANCTUARY/WCR LIVE



Join us for our third panel discussion in this series. Alfred Tennyson wrote that it is, “better to have loved and lost than never to have loved at all.” Is this true for you? Our resident panel will reflect on the idea that love and grief go hand-in-hand.

*Intergenerational Movie with a Message: Up*

WEDNESDAY, JULY 30  
2 P.M., CLUBHOUSE



*Up* is a heartwarming story of adventure featuring 78-year-old Carl Fredricksen, who sets out to fulfill a lifelong dream by flying his house to South America. Along the way, he’s joined by an eager young boy named Russell, and together they discover that connection, courage, and wonder can be found at any age.

*Courageous Conversations Book Talk: The Cost of the Vote: George Elmore and the Battle for the Ballot*

Carolyn Click  
TUESDAY, AUGUST 12  
2 P.M., SANCTUARY/WCR LIVE



Courageous Conversations invite us to engage around challenging topics that inspire critical thinking. Carolyn Click will take participants back to 1940s South Carolina, introducing George Elmore and others who fought to restore voting rights to Black South Carolinians after being denied for decades. She describes her book as both a southern story and an American story. Books will be available for purchase. Carolyn is the daughter-in-law of resident Ann Taylor Campbell.

*Hope and Friendship: Supporting Your Friends and Loved Ones Living With Dementia*

Rev. Deacon Logan Augustine  
THURSDAY, AUGUST 14  
2 P.M., SANCTUARY/WCR LIVE



Caring for and loving someone with memory loss can be both a sacred privilege and a painful time. You are invited to join this interactive workshop with Rev. Deacon Logan Augustine, chaplain for memory support. We will touch on the basics of dementia, and focus on how we can continue to support our friends and loved ones as they live with dementia, and as they transition into different places of care within our community at Westminster Canterbury.

*Summer Worship with Blair’s West*

SUNDAY, AUGUST 24  
4 P.M., CLUBHOUSE

Join us for this special summer worship service featuring husband and wife duo Blair’s West. Beau and Blair are bandmates and friends of our own Clay Mottley. Friends and family are invited. Light refreshments will be served.



*Mind, Body, Spirit Excursion Outdoor Labyrinth: Yaupon Place*

WEDNESDAY, SEPTEMBER 17  
DEPART: 10 A.M.  
COST: FREE  
RETURN: NOON  
*Registration Available: August 11 – September 8*



On this first Mind, Body, Spirit Excursion, Wellness and Pastoral Care are partnering to offer residents a chance to renew and reconnect with their whole selves through a labyrinth walk located in our neighborhood. Take this opportunity to prayerfully focus your mind, refresh your spirit, and move your body. There will be walking on uneven surfaces and gravel.

*Listening Within: A Day of Silent Retreat at Richmond Hill*

FRIDAY, SEPTEMBER 19  
DEPART: 9:30 A.M.  
COST: \$40 Transportation, retreat and lunch  
RETURN: 3:30 P.M.

*Registration Available: July 7 – August 8*



Join us for peaceful contemplation at this urban retreat center set in a historic monastery. From its vantage point overlooking the the Falls of the James, we will enjoy beautiful gardens, a walking labyrinth and restful sanctuary. Experience the restorative power of silence through guided meditation, personal reflection, and prayer. A shared lunch is included.

*Lecture Series on the Book of Mark*

Rev. Hunter Hill  
TUESDAYS, SEPTEMBER 23, 30, AND OCTOBER 7, 14  
2 P.M., SANCTUARY AND WCR LIVE

Rev. Dr. Hunter Hill will lead an engaging look at the Gospel of Mark, his favorite Gospel. Over a four-week session, we will discuss 1) the almost arrival of God’s reign; 2) Mark’s maturing Jesus; 3) a look at the disciples; and 4) the “Terrifying, Good News Promise.” Hunter is a resident and a retired Presbyterian minister, who served congregations in North Carolina and Florida, before entering the ministry of pastoral care and counseling.







### *Weekly Worship Opportunities*

#### Evening Prayer

MONDAY - FRIDAY, 4:45 P.M., MONTAGUE CHAPEL/WCR LIVE

Resident volunteers lead this service that lasts approximately 15 minutes.

#### Thursday Worship

THURSDAYS, 10:30 A.M., SANCTUARY/WCR LIVE

Local clergy of various denominations preach and lead worship.

#### Sunday Worship

SUNDAYS, 4 P.M., SANCTUARY/WCR LIVE

Our Sunday services alternate between a Celtic service (1<sup>st</sup> Sunday), Taize service (3<sup>rd</sup> Sunday), Hymn Sing (5<sup>th</sup> Sunday) and other special music and worship opportunities.

### *Monthly Worship Opportunities*

#### Shabbat Service

1<sup>ST</sup> FRIDAYS, 3 P.M., MONTAGUE CHAPEL/WCR LIVE

#### Catholic Mass

1<sup>ST</sup> WEDNESDAY, 11 A.M., SANCTUARY/WCR LIVE

### *Volunteer Opportunities*

Pastoral Care offers opportunities for residents to give back and volunteer. We are always looking for volunteers to escort Parsons Health Center residents to worship opportunities, to play at services and to assist with floral arrangements in our spaces.

If you are interested in sharing your time in any of these meaningful ways, please contact David Curtis at 804-261-5179 or dcurtis@wcrichmond.org.

### Registration

You may CALL Vanessa Perry at 804-200-1502.

OR

REGISTER ONLINE THROUGH THE MY WCR APP.

Events will appear under the Activities icon once the indicated Registration Availability dates have arrived.

At that time, click on the Activities icon. In the search box, type in the name of the desired event.

Click on the listing, then click on the teal Register button.

To finish the registration process, click YES.

A popup will notify you that you are registered and a green check mark will appear beside the activity listing. Residents who register through the My WCR App will have any costs associated with the event billed to their account. My WCR registrations may be canceled through the app.

Each My WCR user must register individually.

To register a spouse or neighbor, you must login with their My WCR credentials.

**QUESTIONS:  
804-200-1502**



WESTMINSTER CANTERBURY RICHMOND

# Pastoral Care **SERIES**



JULY - SEPTEMBER 2025